



Event Details & Instructions



Welcome to the 2026 Challenge!

GENERAL INFO

WHAT/WHERE:

This a virtual fitness event where you'll complete 2,026 miles in 2026 from your location.

WHEN:

The Challenge begins January 1, 2026 and finishes December 31, 2026.

SHIPPING: The Finisher's Medals and Tee/Tank packages will be shipped in mid-April. As we get closer, we'll have an exact shipping date.

SUPPORT:

- RunSignUp - info@runsignup.com
- RaceJoy App - support@racejoy.com
- Run Life, LLC - info@runlifellc.com
- Emergencies: Text 760-585-6631
- Event Webpage: <https://www.runlifellc.com/2023challenge>



TRACKING MILES

You can begin tracking and logging miles on Thursday, Jan 1st at 12:00am PST.

All mileage, results, and registration details are managed through your RunSignUp Registration Profile. This profile was automatically created when you registered.

To access your profile, visit www.RunSignUp.com, then sign in using the icon in the upper right corner.

Two Ways to Track & Log Miles

1. Manual Entry

Track your miles/time with any GPS app or device, then log in to your RunSignUp profile on your phone or computer to enter your results.

Common apps/devices include:

- Strava
- RunKeeper
- MapMyRun
- Garmin
- Apple Watch
- Fitbit
- (Or any GPS-enabled tool you prefer.)
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2. Automatic Syncing (RaceJoy)

Use the RaceJoy App to automatically track and upload your activities directly to the official leaderboard.

RaceJoy works only for GPS-based activities (run, walk, hike, bike). It cannot track stationary activities (indoor cycling, yoga, etc.).

Step-by-step instructions for both manual logging and RaceJoy syncing are provided below.

WHAT ACTIVITIES COUNT

All Activity Division:

- Running
- Walking/Hiking
- Biking
- Swimming/Rowing/Kayaking
- Elliptical/Stair Climber
- Skiing/Snowshoeing
- Skating/rollerblading
- Distance Sports (Tennis, golf, baseball)
- Stationary (Yoga, weights) 100 Calories = 1 mile

Run/Walk Division:

- Running
- Walking
- Hiking

HOW TO LOG MILES MANUALLY

Logging your miles manually to the official RunSignUp leaderboard is quick and easy—your results usually appear within 1–2 minutes.

You can track your miles using any fitness app or device (Strava, Garmin, Apple Watch, Fitbit, MapMyRun, etc.)

STEP 1:

Go to the [2026 Challenge Leaderboard](#) on RunSignUp.

STEP 2:

Click “Submit Virtual Results” at the top of the leaderboard page.

STEP 3:

Sign in when prompted using the same email you registered with.

STEP 4:

Enter your date, distance, and time, then click “Submit Activity.” Your miles will appear on the leaderboard within 1–2 minutes.

HOW TO USE RACEJOY APP

- **Download RaceJoy** from the Apple App Store or Google Play Store.
- **Open the app** and search for the 2026 Challenge.
- **Claim your participant profile** using the same information (name and email) you used to register on RunSignUp.
- **Enable GPS/location services** and notifications when prompted. (RaceJoy only works for outdoor, GPS-based activities.)
- **Start your activity** by tapping “Start Race” or “Start Tracking.”
- Keep your phone with you and leave the app running while you run, walk, hike, or bike. You can use other apps, like Strava, simultaneously.
- **Finish your activity**, and RaceJoy will automatically upload your miles to the official RunSignUp leaderboard.

Fun RaceJoy Features

- **Spectator Mode:** Friends and family can download RaceJoy, choose “Spectator,” and follow your progress while sending pre-recorded or custom audio cheers.
- **Track Other Participants:** Add up to 50 fellow challengers to your My Participants list to follow their progress and send them cheers.
- **Send Cheers:** Send pre-recorded clips or custom text-to-audio messages. Cheers are delivered within seconds, with up to 50 cheers per participant per day.

For technical help: support@racejoy.com

FAQs: <https://www.racejoy.net/faq-participants>

PACKAGES & SHIPPING

Your Finisher's Medal & Tee/Tank packages will be shipped by mid-April 2026. Challengers from same households will receive their race gear in the same package.

If you move or change addresses, PLEASE let us know immediately! Packages sent to wrong addresses will have a re-shipment fee of \$10 minimum.

Each package will include:

- Your BADASS Finisher's Medal
- Your Tank or Tee
- Official 2026 Miles sticker
- Personal Thank You card from our team
- Any extra shirts you ordered at the time of registration

TEAM DIVISION GUIDELINES

- You and your teammates can split the 2,026 miles however you choose—there's no required amount per person.
- You'll appear on the leaderboard as both a team and as individuals.
- Once your team reaches 2,026 miles, your final team placement is locked, but you may continue logging miles through the end of the year.
- You can replace a teammate at no cost anytime before finisher medal packages are mailed.

CHALLENGE RULES

- Miles only count after Jan 1st at 12:00am PST—no pre-event miles can be logged.
- You may change divisions anytime at no cost.
- You can use both manual logging and RaceJoy syncing throughout the challenge.
- Once you complete 2,026 miles, your finishing place is locked, but you may continue logging miles through the end of the year.
- You must log miles at least once per month to help keep the leaderboard accurate.

PICTURES!

We LOVE seeing all the photos! We give out special prizes for the best photos and we'll have a PHOTO CONTEST for the best photo once all of the Medals and Race Shirts are mailed out.

Ways to SUBMIT PHOTOS:

- Tag us on Facebook or Instagram: @VirtualRunLife
- Email them to us: info@runlifellc.com
- Upload them when you log your miles





Good luck, everyone!

Almost time to get this party started