THE GIVING TURKEY TROT

VIRTUAL 5K 10K HALF MARATHON

2026

FEEDING AMERICA



RACE INSTRUCTIONS

Welcome to the
2nd Annual Giving Turkey Trot
5K, 10K & Half Marathon

WHAT & WHERE
The Giving Turkey Trot is a virtual run/walk race that allows you to complete your chosen distance of 5K, 10K, or Half Marathon from anywhere!

Whether you prefer your neighborhood, a local trail, a park, or a treadmill, you can participate with your flock wherever it's most convenient for you.

WHEN:
The race and Live Leaderboard officially open on Thanksgiving Day, Thursday, November 26, 2026, at 12:00 AM PST. Participants have until Sunday, November 29, 2026, to complete their race and submit their results.

SHIPPING DETAILS:

- Race packages will start shipping Wednesday, November 4th to ensure arrival by Thanksgiving

SUPPORT:
- RunSignUp - info@runsignup.com
- RaceJoy App - support@racejoy.com
- Run Life, LLC - info@runlifellc.com
- Emergencies: Text 760-585-6631
- Event Webpage: https://www.runlifellc.com/2026turkeytrot

LIVE LEADERBOARD & ACTIVITY TRACKING

The official Live Leaderboard opens at 12:00 AM Pacific Time on Thursday, November 26, 2026 (Thanksgiving morning).

There are 2 Easy Ways to Track & Upload your Race Results!

OPTION 1: MANUAL RESULTS ENTRY
Use any fitness app, GPS watch, or treadmill to track your distance and time.

1. Complete your chosen race distance.
2. Visit the 2026 Giving Turkey Trot Event Page.
3. Click the "Leaderboard" button.
4. Select your division: 5K, 10K, or Half Marathon.
5. Click "Submit Virtual Results" and enter your distance and finish time.

Your results will appear on the official Leaderboard!

OPTION 2: AUTOMATIC TRACKING WITH RACEJOY
Let the free RaceJoy App track your race and automatically submit your results!

1. Download the RaceJoy App to your smartphone.
2. Find the 2026 Giving Turkey Trot and set up tracking.
3. Start tracking when you begin your race.
4. Once you finish, your results will automatically upload to the Leaderboard. No manual entry needed!

IMPORTANT: RaceJoy uses GPS and does not work on treadmills. Treadmill participants should use Option 1.

RECOMMENDED TRACKING APPS & DEVICES for Option 1:
Strava, Runkeeper, MapMyRun, Garmin, Apple Watch, Fitbit, or any other fitness tracker.

USING RACE JOY APP

1. Download the App - it's free!
    - Find RaceJoy on the App Store (iOS) or Google Play (Android).

2. Locate "The Giving Turkey Trot 5K, 10K & Half Marathon" race
    - Open the app, tap "Featured Races", then search by event name and select it.

3. Set Up Tracking
    - Tap "I Want to Be Tracked" or PhoneTrak, and follow the on-screen prompts.

4. Enable Proper Settings
    - Ensure notifications, location services (Always On), and background refresh are enabled.
    - ***Turn off Wi-Fi on race day to maintain accurate GPS tracking.***

5. Start Tracking (Race Day)
    - Turn off Wifi on your phone
    - Open App & go to "My Races" & select this event
    - Select your activity - either Running or Walking
    - When you're ready to start, press "START MY ACTIVITY"

6. During the Race
    - The app will automatically deliver GPS-based progress alerts (e.g., every mile: pace, elapsed time, estimated finish).
    - Supporters can send audio "cheers" directly through the app.

7. Once you're finished, click the Finish button and your results will automatically appear on the RunSignUp Live Leaderboard

👁️ Spectator Setup in RaceJoy

Spectators are your friends and family that aren't registered for this event, but want to track you during your run/walk!

1. Download & Open RaceJoy
    - Install from the App Store (iOS) or Google Play (Android).

2. Choose "I Want To Track Someone"
    - Launch the app and select this option to become a spectator.

3. Add the Participant
    - Search by their name or bib number.
    - Tap the plus (+) to start tracking.

4. Create Your Spectator Profile
    - Enter your own name and email (not the runner's!).
    - Confirm and save your spectator account.

5. Enable Notifications
    - Make sure app notifications are enabled with sound to receive pace alerts and send cheers.

🏁 Race Day Tracking for Spectators

- Map View Tracking
    - iOS: tap the feet icon at the bottom
    - Android: tap the Track button at the top
- Live Progress Alerts
    - Receive audio notifications when the runner crosses each mile—pace, elapsed time, and estimated finish.
- Send Cheers
    - Tap the runner's profile, choose a pre-recorded clip or send a "Text-to-Cheer", and hit Send. Cheers are sent & play almost instantly.

FUN APP FEATURE:

- **Add other fellow Turkey Trotters to your "My Participants" list** in the app. You'll be able to send them cheers and track their progress. You can add up to 50 other challengers per event!

Technical questions: support@racejoy.com
RaceJoy App FAQs: https://www.racejoy.net/faq-participants

PACKAGES & SHIPPING

Race packages will start shipping on November 4to ensure you have your goods by Thanksgiving morning! Challengers from same households will receive their race goods in the same package.

Each package will include:

- Your waterproof bib number & safety pins
- Your 2-side Wooden Finishers Medal
- Your festive Turkey Trot Beanie (or other items selected)
- Thank you card with an exclusive discount code

TURKEY TROT RULES

- **One Session**: Your chosen distance (5K, 10K, or Half Marathon) must be completed in one continuous session.
- **Four Days to Finish**: Complete your race anytime between Thanksgiving morning (November 26) and Sunday night (November 29, 2026).
- **Permitted Activities:** Running, walking, and hiking only.
- **Most Important Rule**: HAVE FUN! Enjoy the experience, celebrate your accomplishment, and have a beautiful holiday weekend!

PICTURES!

We LOVE seeing all the photos! We give out special prizes for the best photos and we'll have a PHOTO CONTEST after Thanksgiving.

Ways to SUBMIT PHOTOS:

- Tag us on Facebook or Instagram: @VirtualRunLife
- Email them to us: info@runlifellc.com
- Upload them when you log your miles to the leaderboard

Good luck, Turkey Trotters!

It's almost time to lace up & earn that pumpkin pie!

