

OFFICIAL

BIGFOOT TRACKER GUIDE

BIGFOOT 150 MILE CHALLENGE



Welcome, Tracker.

THE HUNT IS ON.

UNLOCK THE LEGEND. CONFIRM THE TRUTH.



Field Operations Briefing

WHAT/WHERE:

The BigFoot 150 Mile Challenge is a virtual fitness event that you complete from wherever you roam.

WHEN:

The hunt begins April 1st. You have 3 months from your personal start date to complete all 150 miles.

SHIPPING:

Finisher Medal and BigFoot Neck Gaiter packages will ship approximately May 2026.

SUPPORT:

- RunSignUp - info@runsignup.com
- RaceJoy App - support@racejoy.com
- Run Life, LLC - info@runlifellc.com
- Emergencies: Text 760-585-6631
- Event Webpage: <https://www.runlifellc.com/bigfoot150>

TRACKING MILES

The hunt officially opens at 12:00am PST on April 1st.
From that moment on, every mile counts.

All mileage, results, and registration details are managed through your RunSignUp Registration Profile, which was automatically created when you registered.

To access your profile:

Visit www.RunSignUp.com

Click the profile icon in the upper right corner

Sign in using your registration email

Your profile is your Tracker Command Center.

2 Ways to Log Miles

1. Manual Entry

Track your miles using any GPS app or device, then log into your RunSignUp profile to submit your distance and time.

Popular tracking tools include:

- Strava
- RunKeeper
- MapMyRun
- Garmin
- Apple Watch
- Fitbit
- (Or any GPS-enabled tool you prefer.)

2. Automatic Syncing (RaceJoy)

Use the RaceJoy App to automatically track and upload your activities directly to the official leaderboard.

RaceJoy works only for outdoor GPS-based activities.

Step-by-step instructions for both manual logging and RaceJoy syncing are provided below.

WHAT ACTIVITIES COUNT

- Running
- Walking
- Hiking

Indoor on a cardio machine or outdoor!

HOW TO LOG MILES MANUALLY

Logging your miles manually to the official RunSignUp leaderboard is quick and easy—your results usually appear within 1–2 minutes.

STEP 1:

Go to the [BIGFOOT Challenge Leaderboard](#) on RunSignUp.

STEP 2:

Click “Submit Virtual Results” at the top of the leaderboard page.

STEP 3:

Sign in with your name and click “Log Activities”

STEP 4:

Enter your date, distance, and time, then click “Submit Activity.”

Your miles will appear on the leaderboard within 1–2 minutes.

HOW TO USE RACEJOY APP

- **Download RaceJoy** from the Apple App Store or Google Play Store.
- **Open the app** and search for the BigFoot Challenge.
- **Claim your participant profile** using the same information (name, email or bib number).
- **Enable GPS/location services** and notifications when prompted. (RaceJoy only works for outdoor, GPS-based activities.)
- **Start your activity** by tapping “Start Race” or “Start Tracking.”
- Keep your phone with you and leave the app running while you run, walk, or hike. You can use other apps, like Strava, simultaneously.
- **Finish your activity**, and RaceJoy will automatically upload your miles to the official BigFoot leaderboard.

Fun RaceJoy Features

- **Spectator Mode:** Friends and family can download RaceJoy, choose “Spectator,” and follow your progress while sending pre-recorded or custom audio cheers.
- **Track Other Participants:** Add up to 50 fellow challengers to your My Participants list to follow their progress and send them cheers.
- **Send Cheers:** Send pre-recorded clips or custom text-to-audio messages. Cheers are delivered within seconds, with up to 50 cheers per participant per day.

For technical help: support@racejoy.com

FAQs: <https://www.racejoy.net/faq-participants>

PACKAGES & SHIPPING

Your race package will be shipped by mid-May 2026. Challengers from same households will receive their race gear in the same package.

If you move or change addresses, PLEASE let us know immediately! Packages sent to wrong addresses will have a re-shipment fee of \$10 minimum.

Each package will include:

- Your BIGFOOT Finisher's Medal
- Your BIGFOOT Neck Gaiter
- Personal Thank You card from our team
- Any extra items you ordered at the time of registration

TRACKER RULES

1. The Hunt Begins April 1st at 12:00am PST
No early miles. No head starts.

2. You Have 3 Months to Complete 150 Miles
Your 90-day window begins the day you officially start logging miles. Move consistently. Stay relentless. The legend won't wait forever.

3. Track Your Way
You may use manual logging, RaceJoy syncing, or a combination of both throughout the challenge.

4. Absolutely No Attempting to Lure BigFoot with Beef Jerky 😊

PICTURES!

We LOVE seeing all the photos! We give out special prizes for the best photos and we'll have a PHOTO CONTEST for the best photo once all of the Medals and Neck Gaiters are mailed out.

Ways to SUBMIT PHOTOS:

- Tag us on Facebook or Instagram: @VirtualRunLife
- Email them to us: info@runlifellc.com
- Upload them when you log your miles

A photograph of a dirt path winding through a dense forest. The path is covered in large, gnarled tree roots and patches of moss. The trees are tall and thin, with a misty or foggy atmosphere. The lighting is soft and golden, suggesting a sunrise or sunset. The overall mood is serene and natural.

**HAPPY
HUNTING**